

ST. CATHARINE SPRING LAKE ATHLETIC PROGRAM GUIDE -2017-2018

Winter

Girls' J-V Basketball

Grades 5-6

- **Commitment to St. Catharine Spring Lake Athletics must come FIRST**
- **Season** – November through March
- **Tryouts** – mid October
- **Practice** – 2-3 times/week
- **Member – Parochial League**
- **Games-** played on Saturday and or Sunday
- **Tournament Participation**
- **Participation Fee \$100.00(PayPal When selected for team)**
- **Uniform Fee- \$150.00 check** (not cashed and returned when complete uniform is returned in good condition in a zip lock bag with child's name)

Boys' J-V Basketball

Grades 5-6

- **Commitment to St. Catharine Spring Lake Athletics must come FIRST**
- **Season-** November through March
- **Tryouts-** mid October
- **Practice -2-3** times/week
- **Games-** played on Saturday and /or Sunday
- **Participation in various tournaments**
- **Participation Fee \$100.00 (PayPal when selected for team)**
- **Uniform Fee- \$150.00 check** (not cashed and returned when complete uniform is returned in good condition in a zip lock bag with child's name)

Girls' Varsity Basketball

Grades 7-8

- **Commitment to St. Catharine Spring Lake Athletics must come FIRST**
- **Season** – November through March
- **Tryouts** – mid October
- **Games-** held after school for MCAL and weeknight, Saturday, and/or Sunday for Parochial League
- **Member of Monmouth County Athletic League(MCAL) and Monmouth/Ocean Parochial League**
- **Tournament Participation**
- **Participation Fee \$100.00(PayPal when selected for team)**
- **Uniform Fee- \$150.00 check** (not cashed and returned when complete uniform is returned in good condition in a zip lock bag with child's name)

Boys Varsity Basketball

Grades 7- 8

- **Commitment to St. Catharine Spring Lake Athletics must come FIRST**
- **Season** – November through March
- **Tryouts** – mid October
- **Games-** held after school for MCAL and weeknight, Saturday, and/or Sunday for Parochial League
- **Tournament Participation**
- **Participation Fee \$100.00 (PayPal when selected for team)**
- **Uniform Fee- \$150.00 check** (not cashed and returned when complete uniform is returned in good condition in a zip lock bag with child's name)

Cheerleading

Grades 6-8(open for 5th, if need arises)

- **Commitment to St. Catharine Spring Lake Athletics must come FIRST**
- **Season** – November through March
- **Tryouts** – mid October
- **Practice -2-3** times/week
- **Member of Monmouth County Athletic League (MCAL)**
- **Participation Fee \$95.00 (PayPal when selected for team)**
- **Uniform Fee- \$150.00 check** (not cashed and returned when complete uniform is returned in good condition in a zip lock bag with child's name)