

ST. CATHARINE ATHLETIC PROGRAM SPRING GUIDE 2019-2020

Girls' JV Softball

Grades 5-6(4th Gr if necessary)

- **Commitment to St. Catharine Spring Lake Athletics** must come **FIRST**
- **Season-** April through May
- **Tryouts -** Mid March **2 Tryouts, 3 if necessary**
- **Member of Monmouth County Athletic League(MCAL) and Monmouth/Ocean Parochial League**
- **Tournament Participation**
- **Games-** weekday and/ or weekends
- **Participation Fee \$100.00**
- **Uniform Fee- \$100.00 check** (not cashed and returned when complete uniform is returned in good condition in a ziplock bag with child's name)

Girls' V Softball

Grades 7-8(6th Gr if necessary)

- **Commitment to St. Catharine Spring Lake Athletics** must come **FIRST**
- **Season-** April through May
- **Tryouts -** Mid March **2 Tryouts, 3 if necessary**
- **Member of Monmouth County Athletic League(MCAL and Monmouth/Ocean Parochial League**
- **Tournament Participation**
- **Games-**weekday and/or weekends
- **Participation Fee \$100.00**
- **Uniform Fee- \$100.00 check** (not cashed and returned when complete uniform is returned in good condition in a ziplock bag with child's name)

Boys JV Baseball

Grades 5 & 6

- **Commitment to St. Catharine Spring Lake Athletics** must come **FIRST**
- **Season-** April through May
- **Tryouts -** Mid March **2 Tryouts, 3 if necessary**
- **Member of Monmouth County Athletic League(MCAL) and Monmouth/Ocean Parochial League**
- **Tournament Participation**
- **Games-** weekday and/ or weekends
- **Participation Fee - \$100.00**
- **Uniform Fee- \$100.00 check** (not cashed and returned when complete uniform is returned in good condition in a ziplock bag with child's name)

Boys' Varsity Baseball

Grades 7-8(6th Gr if necessary)

- **Commitment to St. Catharine Spring Lake Athletics must come FIRST**
- **Season-** April through May
- **Tryouts - Mid March 2 Tryouts, 3 if necessary**
- **Member of Monmouth County Athletic League(MCAL)**
- **Tournament Participation**
- **Games-** weekday
- **Participation Fee - \$100.00**
- **Uniform Fee- \$100.00 check** (not cashed and returned when complete uniform is returned in good condition in a ziplock bag with child's name)

Tennis

Grades 5-8

- **Season-** April through May
- **Practice-** 2-3 times/week at designated location
- **Home matches-** Marucci Park, Spring Lake, NJ
- **Participation Fee \$45.00** (includes shirt)

Track

Grades 4-8

Season- April through May

- **Practice-** usually 2 times/week at Wall H.S. (5:30 pm- 7:00 pm)
- **Meets-** scheduled for Sundays
- **Developmental Meets-** may be during the week
- **Participation Fee- \$35.00** (includes shirt)

Please Note:

**There is no school transportation provided
"All of our coaches serve on a Volunteer basis"**